



COMMONAGE INTERACTIONS 2024

Auckland, New Zealand

A plan in place to roll out the New Zealand chapter and to take the Train the Trainer initiative to Fiji, Tonga and Cook Islands.

Mansur Dalal and John Collyns, Director, met to discuss expanding CommonAge's impact across the Pacific.

"It was a pleasure to meet with John, former Executive Director, Retirement Villages Association (NZ) Inc, to discuss our shared vision for aging communities in the region."

"Our conversation focused on how we can work together to roll out the New Zealand chapter of CommonAge and bring our Train the Trainer initiative to Fiji, Tonga, and the Cook Islands. This programme is a crucial step toward building local capacity, empowering communities to provide better care, and ensuring sustainable support for aging populations across the region."

"I am excited about the opportunities ahead and grateful for John's insights and commitment to improving the quality of life for seniors." - Mansur Dalal



Mansur Dalal celebrating Diwali and promoting CommonAge at Arvida Home, the largest senior living community operator in New Zealand.

Arvida Group is a prominent provider of retirement living and aged care services in New Zealand, offering a range of tailored accommodation and care options for older adults. With a focus on delivering high-quality, person-centered care, it operates a network of retirement villages and aged care homes across the country, providing a supportive and vibrant environment for its residents. The company's philosophy is centered on enhancing the quality of life for seniors, with a strong emphasis on maintaining independence, dignity, and well-being.



Sydney, Australia



Mansur Dalal was excited to meet Marlene Krasovitsky, the lead from WHO on Ageing Well and Age-Friendly Cities

She has promised to send across hard copies of reports and insights from around the world on this important topic, offering participants access to critical data and best practices from various countries. This will undoubtedly enrich the discussions and provide a deeper understanding of the challenges and solutions surrounding ageing.

Marlene Krasovitsky is a recognised leader in global health, particularly in the field of ageing and geriatric care. As the lead on the "Ageing Well" initiative at the World Health Organisation (WHO), she plays a pivotal role in shaping international policies and strategies aimed at promoting healthy ageing and improving the quality of life for older adults. Krasovitsky's work focusses on advocating for an integrated approach to ageing, emphasizing the importance of physical, mental, and social well-being throughout the lifespan. She is a strong proponent of creating inclusive, age-friendly environments that enable older people to lead independent, fulfilling lives. With her extensive expertise in public health and ageing, Krasovitsky is a key figure in advancing the global agenda for age equity, addressing challenges related to demographic shifts, and supporting sustainable healthcare systems that cater to the needs of ageing populations worldwide.



Linda Justin and Mansur Dalal with the Dementia report Design and Publication team of HammondCare along with their CEO Andrew Thorburn.

HammondCare Sydney is a leading provider of aged care and healthcare services, with a strong emphasis on compassionate, person-centered care. Located in Sydney, HammondCare offers a range of services including residential aged care, home care, palliative care, and dementia support, with a focus on enhancing the quality of life for elderly individuals.

The organization is renowned for its commitment to excellence, delivering tailored care programmes that respect the dignity and preferences of each person. HammondCare is also a leader in research and innovation in aged care, working to improve care practices and outcomes.

University of Technology Sydney



Mansur Dalal, Chair, and Linda Justin, Director, along with the Team from the UTS Ageing Research Collaborative (UARC) at the University of Technology Sydney (UTS).

UTS is a dynamic and forward-thinking institution located in the heart of Sydney, Australia. Known for its strong focus on innovation, research, and practical learning.

The UTS Ageing Research Collaborative UARC takes a multidisciplinary approach to the complex issues associated with ageing and aged care. It is co-led by Professors Brown and Parker.'

UARC through its multidisciplinary collaboration with the wider sector integrates partnerships with practice in producing research and coordinating multiple areas of expertise to address the key challenges in ageing and aged care, and working to resolve them.

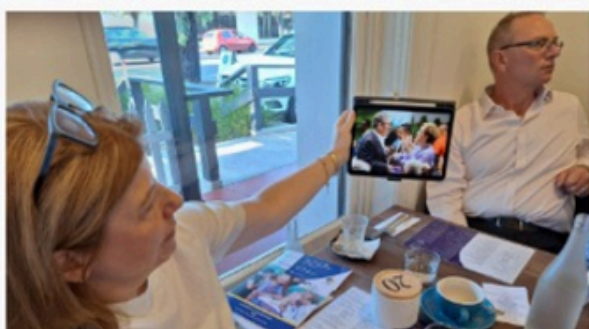
Adelaide, Australia

On 29th of October Mansur Dalal, at Adelaide, Australia shared a formal breakfast with Linda Justin, Director; Antony Pivato, Honorary Treasurer; Greg Adey, David Martin, Nick Stevens, Frank Weits, Derek Dittrich, Michael Elias, Sarah Brown, Tammy Sherwood, Klaus Zimmermann and Jo Boylan.

"I extend my heartfelt thanks to everyone who took the time to join us for breakfast. A special shoutout to our anonymous benefactor whose generous gesture covered the bill—your kindness is truly appreciated!

We share commitment to the cause of elders, and a desire to carry forward our dear friend Andrews's vision to greater heights, all without fanfare. On behalf of the CommonAge Board, I am grateful for their unwavering support over the past 11 years and hope for continued guidance as we strive to achieve our shared goals across the Commonwealth.

I hope to visit the beautiful city of Adelaide again soon to create even more cherished moments together." - Mansur





Mansur Dalal, at Dinner in Adelaide with the CommonAge family Richard, Linda Justin, Director, Klaus Zimmermann, Antony Pivato, Honorary Treasurer, Jill Seeman and David Stevens.

SOUTHERN CROSS CARE



Southern Cross Care Adelaide is a respected provider of aged care services in South Australia, offering a wide range of residential care options, home care, and retirement living services. With a commitment to delivering person-centred care,

Southern Cross Care Adelaide focusses on enhancing the well-being and quality of life for older adults, ensuring they receive the support and respect they deserve. The organisation operates several aged care homes across Adelaide, offering modern facilities and a homely atmosphere, with services tailored to meet the individual needs of residents, including dementia care, palliative care, and respite care. Southern Cross Care Adelaide also provides flexible home care services, enabling seniors to live independently in their own homes for as long as possible. Guided by a strong set of values, Southern Cross Care Adelaide strives to create compassionate, supportive environments where older people can thrive, live comfortably, and feel part of a caring community.

SOUTHERN CROSS CARE, ADELIANE



Canberra, Australia

Linda Justin and Mansur Dalal with Paul Browne, owner of LDK communities , Canberra.



Paul Browne is the owner and driving force behind LDK Communities, a leading provider of luxury retirement living in Canberra, Australia. With a vision to revolutionise the aged care sector, Browne has built LDK Communities around the concept of delivering exceptional, person-centred care in a supportive and vibrant environment. LDK Communities is known for its innovative approach to retirement living, offering a range of high-end residential options that promote independence and well-being, while also ensuring tailored care for each individual. Browne's leadership emphasises the importance of creating "ageing in place" communities, where residents can remain in their homes and receive increasing levels of care as needed, without the need to move. Under his guidance, LDK Communities has set new standards for quality, comfort, and service, making it one of Canberra's most respected names in retirement and aged care. Browne's dedication to enhancing the lives of older Australians reflects his deep commitment to improving the ageing experience and challenging traditional models of care.

Brisbane, Australia



Mansur Dalal, with (L to R) Natasha Chadwick, Founder and CEO, New Direction Care; Gwenda Darling, Council of Elders, (Dept. of Health and Aged Care, Australian Govt.) and Justin Chadwick, Director, New Direction Care.

Natasha Chadwick is on a mission to disrupt the way aged care services are provided in Australia, an industry that has operated in the same way for decades.

She says, "My aim and that of NewDirection Care is to create a system that revolves around the things that really matter in life and change the way we care for our elderly members of society and those living with dementia, not just in Australia but worldwide."

With a strong emphasis on choice, flexibility, and respect, New Direction Care offers a range of services including residential aged care, home care, and supported living. The organization prides itself on offering a more contemporary approach to aged care, moving away from traditional models and instead creating supportive, homelike environments that foster community and well-being. Their flagship development, the "New Direction Care Village," is a pioneering concept in aged care, providing residents with modern, state-of-the-art facilities that promote autonomy while ensuring they have access to the care and support they need. New Direction Care is committed to providing person-centred care that focuses on individual preferences, goals, and lifestyles, helping to improve the overall quality of life for its residents across Australia.



Mansur Dalal, met Sharon Blackburn CBE, one of the Founders of CommonAge and presently Executive Director, BallyCara Ltd

Sharon has a depth of experience spanning 40 years in Health and Social Care much of which has been spent in the Independent Aged Care Sector. She joined BallyCara's Executive Team in March 2019.

BallyCara is an organisation with a passion & focus on inspiring Healthy & Happy Living across generations and communities and is a provider of Home Care, Wellness, Short-Term Restorative Care, Retirement Living and Residential Care.

Ballycara is a not-for-profit organisation based in Queensland, Australia, that provides a range of services aimed at improving the quality of life for older adults and supporting independent living. It offers residential care, home care, and community services, with a strong focus on dignity, respect, and personalised care. Ballycara's services are designed to support aging individuals in living as independently and comfortably as possible, whether that means offering assistance at home, providing aged care facilities, or facilitating social engagement through various community programmes. With a commitment to holistic care, Ballycara strives to create a sense of belonging and community for seniors, helping them to maintain their independence, health, and well-being as they age.